



– Desperate Times – Parwich First Responders Needed

Okay, you or someone in your family needs urgent medical help for a heart attack, choking or breathing difficulties so you phone 999 and an ambulance will come quickly? Probably wrong. If the ambulance is more than 20mins away, and that is an increasingly probable scenario, (recent examples have been 1 ½ and 3 hours) the ambulance authorities (EMAS) will try to get a Parwich First Responder to you. Which in theory is great, but we no longer have enough First Responders to cover the shifts. We desperately need at least 12 new people to train. Could that be you? No previous medical knowledge is necessary.

Your commitment? Two weekend training courses and then volunteer to do 1 shift of 4/5 hours (or overnight if you are a raging insomniac) most weeks, *if you can manage it*. You can do this by yourself, or with another First Responder. Although the shifts are broadly split into morning, afternoon and evening they can be adjusted to fit around full or part time work or picking up children from school. You will not be asked to attend trauma accidents or young children – but you may save someone's life by giving them oxygen or using a defibrillator or simply laying them in the recovery position – all things which you will be trained to do.

Please think about this carefully and if you could join us then please ring Sue for a chat on 390334 or Patti on 390206. Your family, your friends and your village might just spend the rest of their lives thanking you.